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## BOOK REVIEWS



IN CHARGE OF  
M. E. CAMERON

**THE CANADIAN COOK-BOOK.** By Lucy Bowerman, Graduate Toronto General Hospital Training School for Nurses. Published by The Toronto Graduate Nurses' Club. Price, \$1.25 net.

The Graduate Nurses' Club of Toronto has adopted the plan of publishing a cook-book, the proceeds of the sale of which are to be devoted to the club-house. The book is compiled by Miss Lucy Bowerman, and while it does not claim to be a work on dietetics, it is a first-rate domestic cook-book written from a hygienic standpoint. The recipes are all tested, and among many old favorites there are to be found new ones giving the necessary variety and novelty to make the book excellent in value. The price of \$1.25 net single copy is reduced to \$10 a dozen copies when sold wholesale or when offered as a premium. The book is nicely gotten up, bound in blue and white oil-cloth, and has the novel feature of being able to lie open on the table at any given page.

**ESSENTIALS OF MEDICINE.** By Charles Phillips Emerson, M.D., Late Resident Physician, the Johns Hopkins Hospital; and Associate in Medicine the Johns Hopkins University. J. B. Lippincott Company, Philadelphia and London.

A text-book of medicine for students beginning a medical course, for nurses, and for all others interested in the care of the sick, this book takes rank and place hitherto unfilled. Books on the subject of medical nursing, and on the practice of medicine, there are in plenty, but this work belongs to neither class, nor does it belong to that coterie of abominations (which masquerade under the guise of a friend in need) the "Family Practitioner," the "Cure-all" that so often misleads the credulous and simple into troubles, real or imaginary, that they never dreamed of and never need have known.

The present book makes no suggestions for home treatment, although it mentions the general treatment in a broad way; and it cannot in any sense be said to occupy the place that can only be filled by the physician. It will nevertheless find many readers among the lay class,—